

FREE Sports Injury Seminar



Important
information
for players,
parents and
club team
managers

with
Dr Paul Minter
Northern Beaches
Sports Injury
surgeon



- Are you suffering from a **sporting injury**?
- Have you been 'managing' your injury while continuing to play out the netball, league, union, soccer or basketball seasons?
- Are you unsure of what to do next?

Dr Paul Minter is running a series of **FREE INFORMATION SESSIONS** starting in September. Learn the important signs and symptoms that are associated with injury of the lower limb – including the **knees and ankles** – and your next-steps management plan.

Wednesday 19th September

7pm – 8pm Pittwater Day Surgery

Suite 202/20 Bungan St, Mona Vale NSW 2103

Free Parking Onsite

Hurry – limited places! To reserve your place call:
Northern Beaches Orthopaedic Centre 1300 901 805
More info nbocentre.com.au/sportsnight



**NORTHERN BEACHES
ORTHOPAEDIC CENTRE**